



OCEAN WATERS SPA

Daytona Beach's Grand Spa

At the Plaza Resort & Spa



# WELCOME

*to Ocean Waters Spa at the Plaza Resort & Spa*

Just as the ocean's water cleanses, restores, and refreshes, our befittingly named Ocean Waters Spa provides a rejuvenating escape from everyday tensions. Your only concern is to relax and let our soothing atmosphere calm your spirit.

From the moment you step into our full service European-style spa to well after you've left, you'll feel revitalized and rejuvenated.

We provide an extensive selection of treatments and packages so you may indulge in quality pampering time with a friend or loved one.

# MASSAGES

*(Choose 50 minutes or 80 minutes)*

## **OCEAN WATERS**

### **SIGNATURE MASSAGE**

This classic Swedish massage relieves tense muscles and promotes relaxation.

### **THERAPEUTIC**

A full body deep tissue massage using Arnica-infused oil gently relieves soreness and inflammation.

### **WARM STONE MASSAGE**

Promotes relaxation while easing tense muscles and damaged soft tissue throughout your body. Warm stones are placed on specific parts of your body and the massage therapist holds warm stones while employing Swedish Massage techniques.

### **OCEANS BLEND**

Where two become one, this massage combines the perfect blend between Swedish and deep tissue techniques.

## **MATERNITY**

Designed for the mother-to-be, a sensory experience that captures the indulgence and relaxation of the signature massage. Relieves stress and tension, transporting you to a state of complete relaxation.

### **BACK, NECK AND SHOULDERS**

*25 minutes*

A massage focused to relieve sore tired muscles of the back, neck and shoulders.

### **CBD MASSAGE**

Allow the benefits of CBD hemp oil infused with essential oils to relieve stress and loosen tight muscles.

### **CHAIR MASSAGE**

*20 minute minimum*

Take a quick break from your busy day. Focus is on the upper body—including arms, hands, shoulders, neck, scalp and back.

# ENHANCEMENTS

## MASSAGE ENHANCEMENTS

*(25 minutes added to any massage)*

### SCALP TREATMENT

A revitalizing scalp and hair oil is warmed and applied vigorously to the scalp, neck and shoulders to stimulate circulation and relieve muscle tension.

### WARM FOOT OR HAND TREATMENT

A true indulgence, this treatment focuses on the feet or hands and will leave them feeling soft and revitalized.

## MASSAGE ADD-ONS

An indulgence that will transport you to a state of complete relaxation.

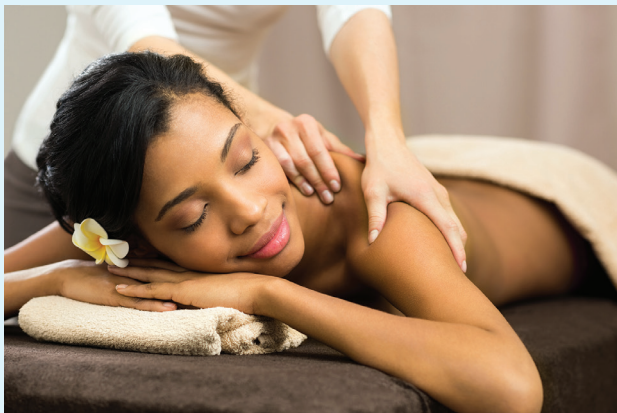
*(Add-ons are incorporated into the times generated for massages or facials)*

### AROMATHERAPY

### FOOT OR HAND MASSAGE

### SCALP MASSAGE

### CBD



# FACIALS

## **OCEAN WATERS SIGNATURE FACIAL**

*50 minutes*

An organic facial designed for your specific skin type, your skin specialist will design and formulate your facial to address your concerns and skin type.

## **FOREVER YOUTHFUL**

*80 minutes*

Formulated to help the skin look "Forever Youthful" this advanced facial will revitalize, repair the skin and reduce the signs of aging, keeping its youthful look for as long as possible.

## **BRIGHTENING FACIAL**

*50 minutes*

Formulated to promote the skin's exfoliation, reducing clogged pores and the signs of aging. This advanced facial will revitalize, brighten and purify the skin.

## **HYDROLIFT FACIAL**

*50 minutes*

Provides intense immediate and long-lasting hydration, improving the appearance of fine lines and wrinkles.

## **GENTLEMAN'S FACIAL**

*50 minutes*

An indulgent facial designed for the gentleman's specific skin type and concerns. This facial will leave your skin feeling refreshed, soft and hydrated.

## **BACK FACIAL**

*50 minutes*

This facial is much like the Ocean Waters Signature Facial. This detoxifying facial is designed to treat the back. After cleansing and steaming, your skin care specialist will perform extractions (if needed) followed by a light massage and mask formulated for your skin type.

(Extractions performed if needed)

# ENHANCEMENTS

## FACIAL ENHANCEMENTS

*(15 minutes added for eye and lip or scalp treatments)*

### EYE AND LIP TREATMENT

Spectacular anti-aging and toning treatment that exfoliates, tightens and hydrates the delicate skin surrounding the eye and lip area.

### WARM FOOT OR HAND TREATMENT

A true indulgence, this treatment focuses on the feet or hands and will leave them feeling soft and revitalized.

### SCALP TREATMENT

A revitalizing scalp and hair oil is warmed and applied vigorously to the scalp, neck and shoulders to stimulate circulation and relieve muscle tension.

## SPECIALTY TREATMENTS

LASH LIFT

LASH EXTENSIONS

LASH TINT

BROW TINT

MICROBLADING

MICROBLADING TOUCH UP

MICRODERMABRASION FACIAL

SCALP FACIAL



# BODY

## OCEAN WATERS

### SIGNATURE BODY WRAP

*80 minutes*

After a light exfoliation, you are wrapped with an organic treatment that will leave your skin detoxified and hydrated, creating a soft glowing look.

### DEEP SEA MUD WRAP

*80 minutes*

Remineralize your skin while drawing out impurities. This detoxifying treatment starts with a full body exfoliation followed with a warm wrap of mineral-rich Moor Mud.

### SLIMMING WRAP

*80 minutes*

Designed to target your troubled areas, reducing the appearance of cellulite and aging skin. The detoxified skin will be revitalized and more youthful looking. This treatment will leave you glowing.

### PICK YOUR POLISH SCRUB

*50 minutes*

Choose your own scent for this full body exfoliation. Dehydrated skin will be delicately sloughed away, followed by an application of a hydrating body soufflé, leaving the skin soft and hydrated.

## DEPILATORY

Full Face

Eyebrow

Chin or Lip

Under Arms

Arms/Half

Arms/Full

Legs/Half

Legs/Full

Back

Chest

Bikini

Brazilian

## SUGARING

*Women's*

Brazilian

Full Bikini or Bikini

Inner Thigh

Stomach Strip

Full Stomach

Half Stomach

Buttocks

Full Arms

Half Arms

Full Legs

Lower Legs

Breast or Nipples

Full Back

Half Back

Full Face

Cheeks

Lip

Side Burns

Chin

*Men's*

Brazilian

Full Bikini

Half Bikini

Buttocks

Buttock Strip

Under Arms

Full Back

Shoulders

Full Arm

Half Arm

Chest

Stomach

Full Legs

Half Leg



# NAILS

## OCEAN WATERS SIGNATURE MANICURE OR PEDICURE

*50 minutes*

For gentlemen or ladies, this indulgent treatment includes traditional nail care, a scrub, hot towels, massage and paraffin that will lock in the moisturizing effects of our hydrating cream.

## SEA SPA MANICURE OR PEDICURE FOR THE GENTLEMAN OR LADIES\*

*75 minutes*

Specifically created with your choice of scent for this luxurious treatment. Leaves your hands and feet feeling refreshed, soft and invigorated (*includes traditional nail care, scrub, hot towels, a masque, paraffin and massage*).

## DIP POWDER NAIL TREATMENT

A durable and colorful manicure. Available in a variety of colors and can be used atop natural nails or artificial nails. It surpasses traditional acrylic or gel nail treatments because of its gentle effect on nails, as well as its extraordinary range of colors

## NAIL ADD-ONS

SHELLAC GEL NAIL POLISH

SHELLAC GEL REMOVAL

NAIL DESIGN/FRENCH





# INFORMATION

## **GIFT CERTIFICATES**

Give an unparalleled experience that will be treasured forever. Our gift certificates offer the gift of relaxation, radiance and luxurious sensorial experience. Select from a vast variety of spa treatments, packages and spa products or customize a spa gift with your personal treatment selection.

## **SPA FACILITIES**

Our spa features a Ladies and Gentlemen's locker area, plush robes, comfortable slippers, jacuzzi and a relaxation area with a tea bar and pastries. Use of the facilities is complimentary with any treatment.

## **AGE REQUIREMENTS**

Guests must be 16 or older to experience a massage or body treatment. We do offer select facials and nail services for teens and children with a parent or guardian present.

## **SCHEDULING**

To secure your desired time, make your reservation early. If you would like to request a particular therapist, please let us know when you book your appointment. A credit card guarantee is required for all reservations. Our prices are subject to change without notice.

## **ARRIVAL**

Your appointment is reserved exclusively for you. Please arrive 20-30 minutes prior to your reservation to allow you time to change and relax before your service. In order to honor each guest experience, late arrivals will receive only the remaining time of their treatment.

## **GROUP BOOKINGS & EVENTS**

The Ocean Waters Spa is the perfect setting to host groups and special events. Please contact us directly for further details.

## **SPA PACKAGES**

Customized spa packages are available upon request

## **VALET PARKING**

Spa guests not staying on the hotel property receive complimentary valet parking on the day of their service.

## **SERVICE CHARGE**

A 20% service charge will be added to all services for your convenience.



Ocean Waters Spa at the Plaza Resort & Spa  
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